

## Recess Revamp

**Directions:** Read the passage. Identify the author's **claim** and write one short piece of **evidence** that supports it.



Many middle schools are shortening or removing recess to make more room for academic classes, but this change may be harming students more than helping them. Students who have time to move, talk, and play return to class more focused and ready to learn. Teachers at one school reported fewer behavior problems after adding a daily outdoor break. When students are given a chance to recharge, they often show better attention and mood during lessons.

1. What is the author's main **claim** in this passage?

2. What is a piece of **evidence** the author gives to support this claim?

3. How does the evidence help make the claim stronger?