

Benny's Calm Day Answer Key

1. D
2. B
3. A
4. C
5. A

Teacher's Guide

- **Purpose:** Strengthens emotional control, self-regulation, and problem-solving through simple narrative reflection.
- **Differentiation Tips:**
 - Read the story aloud and pause to ask how students think Benny feels at each moment.
 - Offer picture cues for each answer choice to support emerging readers.
 - Simplify response options (A/B) for students who need fewer choices.
- **Engagement Strategies:**
 - Let students use blocks or toys to act out the story.
 - Practice deep breathing together when Benny takes his calm breath.
- **Extension Ideas:**
 - Have students draw Benny rebuilding his tower.
 - Ask students to share a time they stayed calm when something went wrong.
 - Create a class "Calm Choice" chart showing helpful ways to handle big feelings.