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## **Walk In Their Shoes**

Directions: With a partner, create and act out a short skit that shows how to comfort someone who feels sad or how to include someone who feels left out. Use kind words, body language, and tone to show empathy. After performing, answer the reflection questions below.

## Step 1: Choose a Situation

- A student sits alone at lunch.
- A friend is upset after losing a game.

<ul><li>A new student doesn't know anyone in class.</li><li>A group forgets to invite someone to a project meeting.</li></ul>
Step 2: Create Your Skit
Write a few lines of dialogue that show what happens and how the characters solve the problem with kindness.
Step 3: Perform the Skit
Act it out for your class. Focus on tone, eye contact, and caring words.
Step 4: Reflect
How did the person who felt left out or upset change during your skit?
2. What did the comforting or including character do that showed empathy?
3. How can you show empathy in your real life at school or home?

