

Name \_\_\_\_\_

## Body Sensations As Clues Answer Key

- |                  |                 |
|------------------|-----------------|
| 1. heart         | 6. stand        |
| 2. hands or legs | 7. breathe fast |
| 3. stomach       | 8. trusted      |
| 4. a lump        | 9. chest        |
| 5. run or move   | 10. ask or call |

### Teacher's Guide

- **Objective:** Students learn to recognize body signals that warn them of unsafe or unhealthy social situations.
- **Differentiation Tips:**
  - Read prompts aloud for younger or developing readers.
  - Allow drawing instead of writing (students can draw a heart, feet, or face).
  - Provide a word bank for extra support (heart, hands, stomach, throat, run, stand, breathe, trusted, chest, ask).
- **Engagement Strategies:**
  - Use role-play to model how bodies react to unsafe feelings.
  - Discuss real-life examples (e.g., when meeting new people or being offered something by a stranger).
- **Extension Ideas:**
  - Create a "Body Safety Poster" where students label safe vs. unsafe body clues.
  - Have students write or share one trusted adult they could talk to when they feel unsafe.