

Relationship Checkpoint Answer Key

1. Healthy - Respect shows equality and understanding.
2. Unhealthy - Demanding constant contact shows control.
3. Abusive - Violates privacy and trust.
4. Healthy - Open communication is a key to mutual respect.
5. Abusive - Spreading rumors to control is emotional abuse.
6. Healthy - Encouragement builds trust and confidence.
7. Abusive - Emotional threats are manipulative and dangerous.
8. Healthy - Accountability and listening are signs of maturity.
9. Abusive - Verbal abuse damages self-esteem and safety.
10. Healthy - Shared decisions promote balance and respect.

Teacher's Guide

- **Objective:** Students will learn to distinguish between healthy, unhealthy, and abusive relationship behaviors, promoting safety, awareness, and empathy.
- **Differentiation Tips:**
 - Review the meanings of **healthy**, **unhealthy**, and **abusive** before beginning.
 - Use scenario cards and have students place them under labeled headings aloud.
 - Allow verbal discussions for students who need expressive language support.
- **Engagement Strategies:**
 - Use real-world examples from media or stories to identify relationship types.
 - Encourage group discussion using sentence starters such as "This is unhealthy because..."
- **Extension Ideas:**
 - Have students write a "Healthy Relationship Pledge" describing the qualities they value.
 - Ask students to brainstorm local or school-based resources for help if they or a friend experience an unsafe relationship.