

## Notice And Speak Up Answer Key

1. Jordan pressured Kara to ignore her parents and chores to spend more time with him.
2. He teased her and tried to make her feel guilty for following rules.
3. She told him she was uncomfortable and left the situation.
4. She kept her boundaries strong and told a trusted adult about what happened.
5. Answers will vary, but students should show an understanding of saying no, leaving the situation, and telling a trusted adult.

### Teacher's Guide

- **Objective:** Students learn to identify warning signs of unhealthy social pressure and reflect on ways to respond safely and assertively.
- **Differentiation Tips:**
  - Read the passage aloud and discuss key vocabulary such as "pressure," "boundaries," and "red flags."
  - Provide sentence starters for reflection questions (e.g., "Kara felt uncomfortable because...").
  - Allow oral discussion responses for students who need verbal expression instead of writing.
- **Engagement Strategies:**
  - Invite students to act out the conversation between Kara and Jordan, practicing both unsafe and safe responses.
  - Use color-coded "red flag" cards for students to raise when they hear unhealthy behavior in the story.
- **Extension Ideas:**
  - Have students write a short journal entry imagining how Kara might handle future boundary challenges.
  - Encourage small-group discussions about real-life examples of healthy friendships and respect for boundaries.