



Name \_\_\_\_\_

## Notice And Speak Up

**Directions:** Read the story below, then answer the reflection questions that follow.

Kara loved hanging out after school with her new neighbor, Jordan. They both enjoyed drawing and talking about art. One day, Jordan started teasing Kara for not skipping her chores to hang out longer. He told her, "If you were really my friend, you'd ignore your parents and stay with me." Kara didn't like the way that made her feel. She remembered that real friends respect limits and never pressure someone to break rules. Kara told Jordan she didn't feel comfortable and went home. Later, she talked to her mom about what happened. Her mom said she was proud of Kara for noticing the red flags and speaking up.

1. What made Kara start to feel uncomfortable around Jordan?

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2. What were the red flags in this situation?

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3. What safe choice did Kara make at the end of the story?

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4. How do you think Kara's response helped protect her from an unhealthy friendship?

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5. Write one sentence about what you would do if someone pressured you to do something that felt wrong.

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