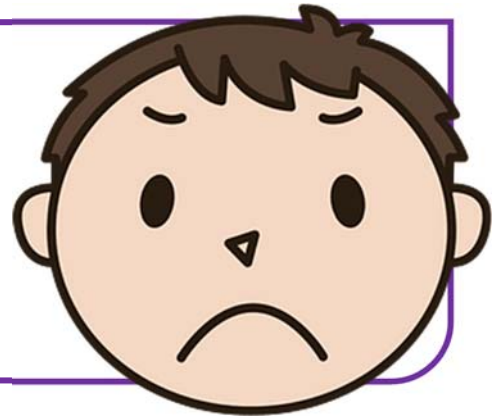


Name \_\_\_\_\_

## Rising Feelings

**Directions:** Read the short scene below. Underline or mark the sentence where emotions first start to rise. Then, answer the questions that follow about what caused the escalation and what could have helped calm the situation.



Jayden and Leo were working together on a science project. Jayden wanted to build a model volcano, but Leo wanted to make a poster instead. They tried to decide for a while, but neither wanted to change their idea. Jayden crossed his arms and said, "You never listen to my ideas anyway." Leo frowned and replied, "You always have to be the boss." The two stopped working and turned away from each other.

1. Which sentence shows the moment when emotions started to rise?

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2. What words or actions in that moment showed signs of anger or frustration?

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3. What could Jayden or Leo have done instead to keep the situation calm?

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4. How can recognizing the escalation point help you in real-life situations?

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