

Name _____

Trigger Trouble Answer Key

1. Liam started to feel upset when his sister bumped the table and his tower fell down.
2. Possible answers: He could take a deep breath, ask for help, count to ten, or rebuild calmly.

Teacher's Guide:

- **Purpose:** Helps students recognize early signs of frustration and identify coping strategies.
- **Differentiation Tips:**
 - For emerging readers, read the story aloud and have students act out the events.
 - For higher-level learners, have them draw a comic showing Liam's emotions before, during, and after the trigger moment.
- **Engagement Ideas:**
 - Use real blocks or toys and let students act out what might make them upset and how to stay calm.
 - Discuss words for feelings like "angry," "frustrated," and "disappointed."
- **Extension Activities:**
 - Ask students to write or dictate their own short "trigger stories."
 - Create a "Calm Corner" chart listing classroom strategies for handling triggers (deep breaths, asking for help, counting, etc.).