

## One-Breath Challenge Answer Key

### Likely Tricky Words Students May Identify

- **slither, seaside, shrubs** (blends and “sh” sounds)
- **parrots, perched, purple** (p cluster repetition)
- **tiptoed, timidly, tangled** (multi-syllabic with repeated “t”)
- **grasshoppers, grabbed, grains** (longer word plus “gr” blend)
- **whistling, wandered, westward** (w blends and consonant clusters)

### Sample Reflection Responses

1. Easiest: “Tiny tigers tiptoed timidly...” – shorter words, easier flow.
2. Hardest: “Seven sneaky snakes...” – many “s” blends made it hard to say quickly in one breath.
3. Multiple tries helped with smoother pacing and better awareness of how much breath to take.

### Teacher Notes

- **Purpose:** Strengthens fluency through **breath control, pacing, and articulation.**
- Model each tongue twister first, showing how to take a deep breath and sustain reading.
- Encourage students not to rush. Clarity matters more than speed.
- Great as a **warm-up exercise** before reading longer passages or poems.
- Challenge advanced students to **link two tongue twisters in one breath** for extra practice.