

Name _____

Mountain Meal Builder Answer Key

Answers may vary as long as all rules are followed. Sample correct answers are shown below.

1. Chocolate milk, chicken nuggets, baked potato
2. Cheese quesadilla, steamed carrots, oatmeal cookie
3. Water, corn cup, pretzel bites
4. Beef taco and brownie square
5. Water, turkey sandwich, corn cup, oatmeal cookie
6. Apple crisp with any main and any drink

Teacher's Guide

- This worksheet strengthens **menu comprehension, category awareness, and decision based reading skills.**
- For differentiation, allow struggling readers to highlight one category at a time before building meals.
- For engagement, let students compare answers and explain how their meals followed the rules.
- For extension, have students write their own Build A Meal challenges using the same menu.