

Name _____

Garden Plate Match Answer Key

1. Veggie stir fry with rice or black bean tacos
2. Steamed green beans, roasted potatoes, or mixed fruit cup
3. Cinnamon apples or chocolate muffin
4. Veggie stir fry with rice, black bean tacos, or grilled chicken bowl
5. Steamed green beans, roasted potatoes, or mixed fruit cup
6. Lemon water, iced mango tea, or oat drink
7. Veggie stir fry with rice, black bean tacos, or grilled chicken bowl
8. Cinnamon apples or coconut rice pudding

Teacher's Guide

- This worksheet strengthens **menu comprehension**, **dietary vocabulary**, and **detail based matching**.
- For differentiation, allow students to highlight words like **vegetarian**, **nut free**, and **dairy free** before answering.
- For engagement, let students discuss why some foods fit more than one dietary category.
- For extension, have students add two new menu items and label the dietary needs they match.