

Name _____

Garden Plate Match

Directions: Read the menu. Match each customer dietary need to the best menu item.



Garden Plate Cafe Menu

Drinks

- Lemon Water
- Iced Mango Tea
- Oat Drink

Mains

- Veggie Stir Fry with rice
- Grilled Chicken Bowl
- Black Bean Tacos
- Cheese Flatbread

Sides

- Steamed Green Beans
- Roasted Potatoes
- Mixed Fruit Cup
- Yogurt Dip

Desserts

- Cinnamon Apples
- Chocolate Muffin
- Coconut Rice Pudding

Dietary Match Challenge: Write the **best matching item** for each need.

1. Ella is **vegetarian** and wants a **main dish** with no meat.
2. Marcus needs a **dairy free side**.
3. Talia must choose a **nut free dessert**.
4. Noah wants a **dairy free main dish**.
5. Brianna is **vegetarian** and wants a **side dish**.
6. Jordan cannot have **dairy** and wants a **drink**.
7. Aiden needs a **nut free main dish** with no cheese.
8. Sofia is **vegetarian and dairy free** and wants a **dessert**.