

Name _____

Trail Treats

Directions: Read the recipe carefully. Answer the questions using complete sentences.



No-Bake Energy Bites Recipe

Ingredients

- 1 cup rolled oats
- 1 half cup peanut butter
- 1 third cup honey
- 1 half cup chocolate chips
- 1 tablespoon water

Steps

1. Pour the rolled oats into a large bowl.
2. Add the peanut butter and honey to the bowl.
3. Stir the mixture until it is thick and sticky.
4. Mix in the chocolate chips.
5. Add the water and stir again.
6. Roll the mixture into small balls using your hands.
7. Place the balls on a plate and chill for twenty minutes before eating.

Comprehension Questions

1. Which **two ingredients** are added in Step 2?

2. What must you do **before** adding the chocolate chips?

3. Which step tells you to **use your hands**?

4. Why is it important to chill the energy bites before eating them?

5. If you skipped Step 5, how might the mixture change?
