

Name _____

Label Calculators Answer Key

1. 260 calories
2. 15 g of sugar
3. 12 g of total fat
4. 400 mg of sodium
5. 65 calories
6. 88 g of carbohydrates
7. 30 g of sugar

Teacher's Guide

- Use this worksheet with Grades 4-6 to combine **reading comprehension and practical math**.
- Review how to multiply by whole numbers and decimals before students begin.
- For differentiation, allow calculators after students complete the first two problems by hand.
- For engagement, ask students to estimate answers before solving and compare estimates to exact totals.
- For extension, have students create their own snack label and write three new math on the label problems.
- Emphasize how **serving size directly affects nutrition totals** in real life decisions.