

Name _____

Cart Clues Answer Key

1. Mila is thinking about buying Rainbow Crunch Bites.
2. Her aunt reminds her to check the food label.
3. One serving has 160 calories.
4. One serving has 12 g of sugar.
5. Two servings would have 320 calories.
6. It is higher in sugar because 12 g is a large amount for one serving.
7. Answers will vary, but students must correctly use two facts such as sugar, calories, fiber, or protein.

Teacher's Guide

- Use this worksheet with Grades 3-5 to blend **fiction reading** with **real world food label skills**.
- Read the passage aloud first to support comprehension before focusing on the label.
- For differentiation, allow students to highlight key numbers before answering the math based questions.
- For engagement, have students act out a quick grocery shopping role play using the passage.
- For extension, ask students to write their own short shopping story and create a matching food label.
- Reinforce that **reading labels helps students make smarter food choices** in daily life.