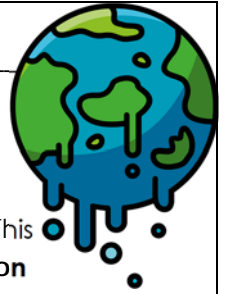


Name _____



What If the World Hit Pause?

Have you ever wondered *what would happen if* one small choice changed everything? This worksheet helps you design prompts that let an AI act as a **roleplay moderator or simulation guide**, exploring how events might unfold under different conditions.

By building your prompt step by step, you'll create a tool that models **cause and effect** - and helps you think through complex "what if" questions like a strategist or scientist.

Step 1 - Define the Role: Tell the AI who it should act as while running the simulation. The role determines the tone, style, and how realistic or creative the outcomes will be.

Examples: A historian imagining an alternate version of a major event. A science teacher running an experiment on what happens if bees go extinct. A game master guiding players through a crisis scenario. A sociologist studying how technology changes daily life.

Your Turn: You are a _____ who moderates or simulates scenarios about _____.

Add Depth: Should the AI sound formal, dramatic, scientific, or neutral?

Step 2 - Define the Task: Tell the AI what to simulate or explore. Focus on one key "what if" question or decision point.

Examples: Simulate what might happen if humans suddenly stopped using the internet for one month. Explore how the world would change if cars could no longer use gasoline. Show the outcomes of a school banning all homework. Model what might happen if a famous historical event had gone differently.

Your Turn: Your task is to simulate _____ by describing the possible outcomes or consequences.

Follow-Up: What is the key *decision* or *change* you want to explore?

Step 3 - Add Context: Explain who this simulation is for and what kind of perspective it should take. This helps the AI tailor tone, depth, and style to the right audience.

Examples: For high school students studying cause and effect. For a social science project about how small changes impact societies. For a creative writing class exploring alternate timelines.

Name _____

Your Turn: The simulation is for _____ and should focus on _____.

Add Perspective: What kind of tone or mood should the scenario have? (serious, suspenseful, hopeful, analytical, etc.)

Step 4 - Add Constraints - Constraints guide the simulation so the AI doesn't go off track. They make the scenario realistic, organized, and balanced.

Examples: Provide at least two possible outcomes (positive and negative). Limit to 300 words. Avoid science fiction elements; stay realistic. Include short explanations for each effect or consequence. Divide the response into "Cause," "Effect," and "Long-Term Outcome."

Your Turn: List at least four clear limits or rules to keep the simulation focused.

1. _____
2. _____
3. _____
4. _____

Optional Challenge: Add one "branching rule" (for example: "If the decision goes one way, describe how society changes. If it goes the other way, describe what stays the same.")

Step 5 - Decide the Output Format - Decide how the AI should present its simulated outcomes. Format determines readability and how easily you can compare results.

Examples: A table with columns for *Cause*, *Immediate Effect*, and *Long-Term Outcome*. A two-paragraph narrative showing how events unfold differently. A bullet-point list showing "Scenario A vs. Scenario B." A script where two people debate the possible results. A mock "news article" written from the future describing what happened.

Your Turn: Present the simulation as _____

(Example: "a short report divided into two outcomes: one optimistic, one challenging.")

Name _____

Step 6 - Build the Final Prompt

Now combine all your sections into one complete simulation prompt.
Be sure to include the **Role, Task, Context, Constraints, and Output** clearly.

Final Prompt:
