



Name \_\_\_\_\_

## Pause And Respond

**Directions:** Read the sentences and vocabulary words below. Then answer the short questions to show how well you understand how thinking before acting can help solve problems.

1. **Impulse** means doing something suddenly without thinking first.  
Example: When Alex grabbed the ball out of frustration, it was an **impulse**.  
**Question:** What could Alex have done instead of acting on impulse?
2. **Reaction** means the way someone responds to a situation.  
Example: When Jamie was teased, her first **reaction** was to yell back.  
**Question:** What would be a better reaction in that situation?
3. **Empathy** means understanding and caring about how someone else feels.  
Example: When Priya saw her friend looking sad, her **empathy** made her stop and ask what was wrong.  
**Question:** Describe a time when you showed empathy for someone.
4. **Compromise** means finding a middle ground so both sides are happy.  
Example: When Chris and Jordan disagreed about what movie to watch, they made a **compromise** and chose one they both liked.  
**Question:** Write one example of a compromise you could make with a classmate.
5. **Resolution** means the final, peaceful way a problem is solved.  
Example: After talking calmly, both friends reached a **resolution** and apologized.  
**Question:** What are two steps that can help people reach a resolution after an argument?