

The Healthiest Choice Answer Key

Sample Responses

1. **D** - Staying calm and using kind words helps stop the conflict without making it worse.
2. **B** - Asking politely gives your friend a chance to explain and keeps the friendship healthy.
3. **C** - Talking to the group first shows problem-solving and teamwork.
4. **A** - Staying neutral and encouraging communication helps both friends solve their issue.
5. **B** - Asking calmly shows respect and helps clear up misunderstandings.

Teacher's Guide

- **Differentiation Tips:**
 - Read each question aloud and discuss the answer choices before students respond.
 - Use visual cards for A-D options for nonreaders or emerging readers.
 - Allow oral explanations instead of written sentences for students with writing challenges.
- **Engagement Ideas:**
 - Role-play each scenario with volunteers acting out both positive and negative responses.
 - Have students vote as a class on which answer shows the best teamwork or empathy.
 - Encourage peer discussion about "why" certain choices are healthier than others.
- **Extension Activities:**
 - Students write one new scenario of their own with four possible solutions.
 - Create a classroom "Best Solution Wall" with examples of positive problem-solving behaviors.
 - Connect to SEL journals where students reflect on a time they made a smart social choice.