

Name \_\_\_\_\_



## Pollution Reflection Journal

**Directions:** Pollution affects everyone in different ways. Use the journal prompts below to reflect on how pollution impacts daily life and how it could be reduced. Write your answers in full sentences and give personal or community examples when possible.

### Journal Prompts

1. Describe one way you have personally seen or experienced pollution in your daily life (for example: air, water, soil, or noise).
2. How did this pollution affect you, your family, or your community?
3. What emotions or thoughts do you have when you notice pollution around you?
4. Think of two realistic actions people could take to reduce the kind of pollution you described.
5. Why is it important for both individuals and communities to take action against pollution?