| Name | | | |
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Memory Triggers

Directions: Read the prompts below. Choose ONE that sparks a real memory for you. Write a short personal narrative about the moment, including what happened, how you felt, and why you remember it.

Sound: The loud clatter of something falling in another room.

Smell: The warm smell of something baking in the kitchen.

Object: A small item you once lost and later found in a surprising place.

| Write Your Personal Narrative: Write at least one well-developed paragraph that tells the story of your memory. Include clear details, strong feelings, and why this | | | | | |
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| moment stayed with you. | | | | | |
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