

Name _____



Emotion Formula

Directions: Read each situation carefully. Then complete the feelings formula by writing the correct emotion that matches the clues. Use this pattern: **situation + face + body = emotion.**

1. You forgot your homework at home + eyes wide + hands on head
= _____
2. You found a lost dollar on the ground + big smile + jumping up and down
= _____
3. Your best friend ignores you at lunch + frown + slumped shoulders
= _____
4. You hear thunder and see lightning + tense face + hiding under a blanket
= _____
5. You help your class win the spelling contest + grin + standing tall
= _____
6. You drop your snack and everyone laughs + red cheeks + looking down
= _____
7. You get called to the principal's office unexpectedly + worried eyes + slow steps
= _____
8. You give your friend a birthday gift + gentle smile + open arms
= _____
9. You wait a long time for your turn + tapping foot + crossed arms
= _____
10. You lose your favorite toy and can't find it anywhere + watery eyes + quiet voice
= _____