

Name \_\_\_\_\_



## Mixed Messages

**Directions:** Read each situation carefully. Each one includes body language or facial expressions that send mixed signals. Choose the best answer (A-D) that explains what the person might really be feeling.

- Aiden smiles when his teacher praises him, but he keeps looking down and fidgeting with his hands.**
  - Proud
  - Excited
  - Angry
  - Nervous
- Lena laughs when her friend jokes about her mistake, but her shoulders slump and her eyes look away.**
  - Embarrassed
  - Amused
  - Relaxed
  - Confident
- Darius nods and says "I'm fine," but his jaw is tight and his fists are clenched.**
  - Calm
  - Angry
  - Happy
  - Tired
- Maya gives a small smile while backing away and crossing her arms.**
  - Confused
  - Friendly
  - Uncomfortable
  - Relaxed
- Eli shrugs his shoulders, avoids eye contact, and laughs quietly after being asked if he cheated on the test.**
  - Proud
  - Nervous
  - Confused
  - Excited

## Mixed Messages

6. **Jordan waves to a group of friends but keeps glancing around with a tense face.**
  - A. Anxious
  - B. Proud
  - C. Angry
  - D. Bored
7. **Sofia says she's excited for the trip, but she bites her lip and keeps checking her phone.**
  - A. Calm
  - B. Tired
  - C. Nervous
  - D. Annoyed
8. **Leo talks loudly and smiles, but his eyes look watery and his shoulders droop.**
  - A. Overjoyed
  - B. Amused
  - C. Confident
  - D. Sad
9. **Harper sits with her arms open and smiles, but she keeps tapping her foot and glancing at the clock.**
  - A. Relaxed
  - B. Bored
  - C. Annoyed
  - D. Angry
10. **Omar laughs with his friends but keeps rubbing his hands and looking at the ground.**
  - A. Nervous
  - B. Confident
  - C. Happy
  - D. Frustrated

