

Name _____

Message To Tomorrow Answer Key

- Letter should include **self-reflection, personal goals, and future encouragement.**
- Must express **growth mindset**, showing awareness of both strengths and challenges.
- Tone should be **positive, honest, and hopeful.**
- Should contain at least one **specific academic, personal, or social goal.**

Teacher's Guide

Implementation Tips:

- Begin with a class discussion about what people mean when they talk about "fresh starts."
- Ask students: "What advice would you give to your future self?"
- Explain that this letter can be sealed and returned at the end of the school year as a surprise reflection moment.

Differentiation Strategies:

- **Grades 5-6:** Provide sentence starters and a shared class brainstorm of goal ideas.
- **Grades 7-10:** Encourage students to focus on long-term themes such as resilience, friendship, or growth.
- **For struggling writers:** Allow voice recording or bullet-point brainstorming before writing.

Engagement Ideas:

- Let students decorate envelopes with their names and a motivational word ("Courage," "Growth," "Hope").
- Play calm, reflective background music during writing time.
- Create a "Letter Drop Box" where students submit sealed letters to be returned later.