

Name _____



Freedom Reflections

Directions: Write a journal entry exploring what **freedom** means to you and how people in the United States honor it on **Memorial Day**. Use thoughtful, personal language and examples to show what makes freedom valuable and how we remember those who protected it.

Journal Prompt

Memorial Day is more than a long weekend; it's a time to pause and think about the people who made sacrifices for the freedoms we enjoy. Imagine you are writing a journal entry on this important day. Begin by describing what **freedom** means to you personally. Does it make you think of choices, safety, equality, or something else?

Next, reflect on **how we honor** those who gave their lives for our country. You might think about parades, flags, moments of silence, or even your own family traditions. Finally, explain how you can show respect or gratitude for freedom in your daily life. Your journal should be at least one well-developed paragraph, but you may write more if you feel inspired.
