

Name \_\_\_\_\_



## Taste Of Freedom

**Directions:** Read about the traditional foods enjoyed during Juneteenth. Then, match each food with its meaning or cultural symbolism.

Juneteenth isn't just about freedom-it's also about flavor, color, and memory. Families gather for picnics and cookouts filled with foods that carry powerful meanings. Red foods, in particular, are special symbols of strength and resilience. Each dish tells a story that connects past to present.

- Red velvet cake is more than a dessert; it represents celebration and the sweetness of freedom after a long struggle.
- Hibiscus tea, sometimes called "sorrel" or "roselle," brings a tart and refreshing taste, symbolizing the blood and courage of those who fought for liberation.
- Barbecue became a centerpiece of Juneteenth feasts, representing unity and the warmth of community coming together in open air.
- Watermelon stands for joy, abundance, and the renewal that freedom brought.
- Collard greens, slow-cooked and comforting, remind people of prosperity, resilience, and family roots.

- \_\_\_\_ 1. A symbol of courage and sacrifice.
- \_\_\_\_ 2. A symbol of unity and shared community.
- \_\_\_\_ 3. A symbol of prosperity and strength through hard times.
- \_\_\_\_ 4. A symbol of celebration and sweetness of freedom.
- \_\_\_\_ 5. A symbol of joy, renewal, and abundance.

- A. Red Velvet Cake
- B. Hibiscus Tea
- C. Barbecue
- D. Watermelon
- E. Collard Greens