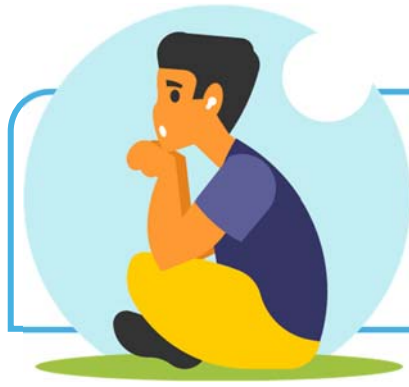


Name \_\_\_\_\_



## Calm Choices

**Directions:** Read each scenario about teasing. Choose the best way (A-D) for the character to stay calm, kind, and confident.

1. Jada is wearing her favorite sparkly shoes. Two kids laugh and say, "Those are too shiny!"

- A. Yell at them to stop.
- B. Start teasing them back.
- C. Throw her shoes in the trash.
- D. Say, "I like them," and walk away.

2. Owen is drawing dinosaurs. A classmate says, "That looks silly."

- A. Rip up the paper.
- B. Smile and say, "I like how it looks."
- C. Tease the classmate's picture.
- D. Run away without telling anyone.

3. Ella drops her crayons and another student says, "Nice move, clumsy!"

- A. Pick up the crayons quietly and keep working.
- B. Call the student a name back.
- C. Push the student.
- D. Cry loudly and leave the room.

4. Liam is chosen last for a game. One kid says, "Nobody wants you on their team."

- A. Tell the teacher right away and join the game calmly.
- B. Quit the game forever.
- C. Say something mean to the kid.
- D. Shout that everyone is rude.

5. Maya is sitting alone at lunch when two kids whisper and laugh.

- A. Laugh with them even if she feels bad.
- B. Throw her lunch away.
- C. Tell a trusted adult and sit with someone kind.
- D. Ignore everyone and stop eating lunch.