

Name _____

Staying Cool Answer Key

- | | |
|------------------|-------------------|
| 1. C - Calm | 9. U - Unhelpful |
| 2. U - Unhelpful | 10. C - Calm |
| 3. C - Calm | 11. U - Unhelpful |
| 4. C - Calm | 12. C - Calm |
| 5. U - Unhelpful | 13. U - Unhelpful |
| 6. C - Calm | 14. C - Calm |
| 7. U - Unhelpful | 15. U - Unhelpful |
| 8. C - Calm | |

Teacher's Guide

- **Differentiation Tips:**
 - Read the list aloud and pause for students to signal with thumbs up (Calm) or thumbs down (Unhelpful).
 - For students who need extra support, provide visual cue cards showing "Calm" (green) and "Unhelpful" (red).
 - Encourage verbal reasoning after each choice: "Why is this response calm or not helpful?"
- **Engagement Ideas:**
 - Turn the activity into a class game called "Stay Cool or Lose Control," where students vote on the best response.
 - Use short role-plays: two students act out a scenario, and the class decides if it's calm or unhelpful.
- **Extension Activities:**
 - Have students write three new examples of calm responses they can use in real life.
 - Create a "Calm Toolbox" poster with strategies like deep breathing, walking away, or using kind words.