

Name _____

Words Of Joy

Directions: Read each question carefully. Choose the best meaning for the emotion word in bold. Then think about whether the feeling is small, medium, or big.



1. When someone feels **content**, they are

- A. angry about something unfair
- B. nervous about what will happen
- C. calm and satisfied with what they have
- D. tired from working too hard

2. A **joyful** person is someone who

- A. is only pretending to be happy
- B. doesn't care about anything
- C. hides their emotions from everyone
- D. feels deep happiness and excitement

3. When you feel **appreciative**, you

- A. are thankful for what someone did
- B. are jealous of another person's success
- C. are confused about your feelings
- D. ignore the good things around you

4. A **grateful** person usually

- A. forgets to say thank you
- B. feels thankful and shows it through

kind words or actions

- C. doesn't notice when others help them
- D. keeps their emotions hidden

5. If someone is **cheerful**, they are

- A. gloomy and quiet
- B. frustrated or upset
- C. pretending to be happy
- D. full of positive energy and smiles

6. A **hopeful** person is someone who

- A. expects good things to happen
- B. gives up easily
- C. complains about problems
- D. worries all the time

7. Feeling **proud** often means

- A. thinking about mistakes
- B. being confident after doing something well
- C. being rude to others
- D. avoiding challenges

8. When you are **peaceful**, you feel

- A. angry at your surroundings
- B. anxious and restless
- C. relaxed and calm inside
- D. distracted and busy