

Name _____



Paradox Of Connection

Directions: Read the passage below carefully. Think about the author's central argument and the examples given. Write a personal reflection connecting the author's ideas to **your own experiences** or observations. Be sure to use **textual evidence** in your response and provide thoughtful analysis.

Excerpt from an Essay on Technology and Loneliness

"Technology promises constant connection, yet many people feel more isolated than ever. Social media allows us to broadcast our lives, but scrolling through images of others' happiness can leave us feeling left out. Video calls link us across continents, but they rarely replace the warmth of sitting face-to-face with someone. The paradox of our era is that the more devices we own to stay connected, the more we struggle with loneliness."

In a well-developed paragraph (5-7 sentences), reflect on the author's ideas:

- Do you agree that technology increases loneliness, or do you see it as a tool for connection?
- Use at least one **quote or idea** from the passage in your response.
- Connect the author's argument to your **personal experiences, observations, or examples from real life**.