

Name _____



Heart Of Grace

Directions: Reflect on the deeper meaning of **forgiveness** or **sacrifice** as shown through the story of Good Friday. Write a thoughtful journal entry explaining how one of these themes applies to the world today-or to your own life experiences.

Journal Prompt: Good Friday reminds people around the world of the power of selfless love and the courage to forgive. Think about a moment when forgiveness or sacrifice changed someone's life—or could have. How does this theme appear in our modern world? Write a short reflection (one to two paragraphs) that explains what the chosen value means to you and how it can inspire others.

Use these guiding questions to help you write:

- Why is forgiveness or sacrifice important today?
- What does it look like in everyday life?
- How can one act of forgiveness or sacrifice make a difference?