

Name _____



Signals Of Friendship

Directions: Read each situation carefully. Circle the letter of the best answer (A-D) to show whether the behavior is healthy or unhealthy in a friendship.

1. Your friend often pressures you to skip class and gets angry when you say no.
 - A. Healthy friendship behavior
 - B. Normal disagreement
 - C. Unhealthy or manipulative behavior
 - D. Just teasing

2. Your friend celebrates your success and encourages you to keep trying when you fail.
 - A. Supportive friendship behavior
 - B. Jealous behavior
 - C. Controlling behavior
 - D. Ignoring behavior

3. A friend shares your private messages with others after you asked them not to.
 - A. Trustworthy
 - B. Supportive
 - C. Caring and honest
 - D. Unhealthy and disrespectful

4. When you tell your friend you need space, they respect it and check in later.
 - A. Controlling
 - B. Supportive and understanding
 - C. Manipulative
 - D. Dismissive

5. Your friend makes jokes that embarrass you in front of others and says you are "too sensitive."
 - A. Supportive
 - B. Respectful
 - C. Unhealthy and hurtful
 - D. Honest

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6. A friend asks how you feel and really listens without interrupting.
 - A. Dismissive
 - B. Supportive and kind
 - C. Jealous
 - D. Manipulative

7. Your friend only spends time with you when they need help with homework.
 - A. Supportive
 - B. Honest
 - C. Equal
 - D. One-sided and unhealthy

8. Your friend apologizes after an argument and makes an effort to fix things.
 - A. Supportive and mature
 - B. Manipulative
 - C. Disrespectful
 - D. Dishonest

9. Your friend tells you that you cannot hang out with anyone else.
 - A. Healthy
 - B. Trusting
 - C. Controlling and unhealthy
 - D. Supportive

10. Your friend celebrates your goals and motivates you to follow your dreams.
 - A. Jealous
 - B. Supportive and encouraging
 - C. Manipulative
 - D. Unhealthy