

## **Double Time Reflections**

**Directions:** Write two short journal entries (5-6 sentences each) about the same topic from the list below. In your first entry, focus on **duration** using **for** to show how long things lasted. In your second entry, focus on **context** using **during** to show when things happened within events or time frames. Choose one topic and keep the tone personal and reflective.

## Choose a Topic:

- A busy school week
- A family trip
- Preparing for an exam
- Volunteering experience
- A sports or music event

Entry 1: For		

Entry 2: During

