

Name \_\_\_\_\_

## Adapting Rules

**Directions:** Read the scenario below. Then write your own short response explaining how you would change your behavior when rules or expectations are different in each setting. Use complete sentences and give specific examples.



You act one way with your friends at school, another way with coworkers at your part-time job, and differently again at home with your family. Each place has its own group rules and social expectations. For example, joking loudly might be fine with friends but not during a team meeting or family dinner.

Think about how you would adapt your words, tone, and actions when moving between these settings.

1. How would you change your behavior when going from school to work?

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2. How would your communication style differ between talking with friends and talking with teachers or supervisors?

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3. What could happen if someone did not follow the social norms of each group?

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4. Why is it important to notice and adjust to group rules in different settings?

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