

Name _____

Journaling with Esperanza

Directions: Esperanza's struggles shape her growth and resilience. In this activity, you will write **personal journal entries** that connect her story to your own life experiences. Choose **one prompt** below and write at least **one paragraph**. Be honest and thoughtful; there are no "wrong" answers, but try to make meaningful connections.

- Esperanza has to leave behind her comfortable life and adjust to a new one. *Write about a time when you had to face a big change. How did it feel, and how did you adjust?*
- Mama's illness forces Esperanza to take on new responsibilities. *Describe a moment when you had to be responsible in a way that felt new or challenging.*
- Esperanza finds hope even during hard times. *What gives you hope when life feels difficult?*

Reflection: After finishing your journal entry, briefly explain which of Esperanza's struggles you related to the most and why.
