

Name _____



Feeling Levels

Directions: Read each group of three emotion words. Number them from **1 (least strong)** to **3 (most strong)** to show how intense each feeling is. Think about which word describes a small feeling, a medium feeling, and a big feeling.

1. Angry - Furious - Annoyed

___ Angry

___ Furious

___ Annoyed

2. Afraid - Terrified - Worried

___ Afraid

___ Terrified

___ Worried

3. Overjoyed - Pleased - Happy

___ Overjoyed

___ Pleased

___ Happy

4. Heartbroken - Sad - Disappointed

___ Heartbroken

___ Sad

___ Disappointed

5. Peaceful - Calm - Content

___ Peaceful

___ Calm

___ Content

6. Shocked - Astonished - Surprised

___ Shocked

___ Astonished

___ Surprised

7. Irritated - Annoyed - Enraged

___ Irritated

___ Annoyed

___ Enraged

8. Panicked - Nervous - Tense

___ Panicked

___ Nervous

___ Tense

9. Deeply Appreciative - Thankful - Grateful

___ Deeply Appreciative

___ Thankful

___ Grateful

10. Interested - Fascinated - Curious

___ Interested

___ Fascinated

___ Curious