

Name _____



Emotion Twins

Directions: Read each pair of emotion words carefully. Write **S** if the two words mean about the same thing (**synonyms**) or **O** if they mean the opposite (**opposites**).

1. Happy - Joyful _____
2. Angry - Calm _____
3. Nervous - Anxious _____
4. Proud - Ashamed _____
5. Relaxed - Peaceful _____
6. Excited - Bored _____
7. Frustrated - Irritated _____
8. Sad - Cheerful _____
9. Hopeful - Positive _____
10. Scared - Brave _____
11. Grateful - Thankful _____
12. Confused - Clear _____
13. Embarrassed - Proud _____
14. Calm - Relaxed _____
15. Disappointed - Pleased _____