

Name _____

Defining Emotions Answer Key

1. Nervous - Feeling worried or uneasy about something that is about to happen.
2. Proud - Feeling good about something you or someone close to you achieved.
3. Jealous - Wishing you had something that someone else has.
4. Relieved - Feeling calm after being worried or scared.
5. Curious - Wanting to know or learn more about something.
6. Frustrated - Feeling upset when something is hard or not working.
7. Disappointed - Feeling sad when something doesn't go the way you hoped.
8. Hopeful - Believing something good will happen in the future.
9. Confused - Not understanding what is happening or what something means.
10. Grateful - Feeling thankful for what someone did for you.

Teacher's Guide

- **Differentiation Tips:**
 - Offer a visual word bank with facial expressions for each feeling.
 - Allow students to discuss meanings verbally before writing.
 - Support emerging writers with sentence frames like "When I feel ____, I usually _____. It means _____."
- **Engagement Ideas:**
 - Act out each feeling word and have classmates guess the emotion.
 - Use feeling cards or emotion dice to connect vocabulary to real-life examples.
 - Let students draw a small picture next to each word showing what it looks like.
- **Extension Ideas:**
 - Have students write short stories using at least three of the feeling words.
 - Create a class "Emotion Dictionary" to display on a bulletin board.
 - Encourage students to use these new words in journaling or daily mood check-ins.