

Feeling Levels Answer Key

1. Angry (2), Furious (3), Annoyed (1)
2. Afraid (2), Terrified (3), Worried (1)
3. Overjoyed (3), Pleased (1), Happy (2)
4. Heartbroken (3), Sad (2), Disappointed (1)
5. Peaceful (3), Calm (1), Content (2)
6. Shocked (2), Astonished (3), Surprised (1)
7. Irritated (2), Annoyed (1), Enraged (3)
8. Panicked (3), Nervous (2), Tense (1)
9. Deeply Appreciative (3), Thankful (1), Grateful (2)
10. Interested (2), Fascinated (3), Curious (1)

Teacher's Guide

- **Differentiation Tips:**
 - Provide emotion picture cards to visually represent mild, medium, and strong feelings.
 - Read each set aloud and model the tone or facial expression for each intensity level.
 - Offer simplified versions (two words per set) for emerging readers.
- **Engagement Ideas:**
 - Have students act out each emotion word with facial expressions or gestures.
 - Use a classroom "emotion thermometer" to show rising levels of feeling intensity.
 - Encourage students to discuss when they've felt each level of emotion in real life.
- **Extension Ideas:**
 - Ask students to create their own emotion scales using new feeling words.
 - Connect this lesson to coping strategies by discussing calming methods for strong emotions.
 - Use the activity to introduce journaling about emotional intensity in daily experiences.