

Mood Makeover Answer Key

Part 1: Example Makeovers

1. *She was sad when her friend moved away.*
Tears welled up in her eyes as she clutched the goodbye letter. Her shoulders slumped, and her voice cracked every time she tried to speak.
2. *He was excited about the school trip.*
He bounced on the balls of his feet, grinning from ear to ear. His backpack was packed three days early, and he couldn't stop checking the countdown on his phone.
3. *They were nervous before the test.*
Sweaty palms gripped pencils tight. A quiet murmur filled the room as they glanced anxiously at each other, their eyes wide and darting to the clock.
4. *I was angry when my brother broke my phone.*
My jaw clenched and my fists curled at my sides. I stared at the cracked screen in disbelief, heat rising to my face like steam from a kettle.
5. *She felt happy at her birthday party.*
Her laughter rang out like bells as balloons floated around her. She couldn't stop smiling as her friends sang, their faces lit up in the glow of the candles.

Part 2: Mini Mood Scenes

A. I was embarrassed in front of the class.

My face burned as I stumbled over the words. A few kids giggled, and I wished I could sink through the floor. I stared at my shoes, my heart thudding louder than my voice.

B. He felt proud after winning the race.

His chest rose as he crossed the finish line. Sweat dripped down his forehead, but his smile was unstoppable. He raised his arms in victory, soaking in the cheers.

C. She was scared during the thunderstorm.

She jumped at the sound of thunder and clutched her blanket tighter. Her eyes scanned the shadows in the corners of her room as lightning lit them up like a strobe.

D. They were bored in the meeting.

One of them doodled in the margin of their notes, while another yawned loudly. The ticking of the clock felt louder than the speaker's voice. Eyelids drooped as they silently begged for it to end.