

Peer Pressure Reflection Answer Key

Sample Responses

1. I can walk away or change the subject.
2. I will stay polite but firm and not argue.
3. I know being honest is better than fitting in.
4. I can take a deep breath and think first.
5. "No thanks, that's not for me."
6. I can support them and tell a trusted adult.
7. I can learn from it and make a better choice next time.
8. Proud and confident.
9. Remembering my goals and values.
10. Encourages others to do the right thing.

Teacher's Guide

Skill Focus: Reinforces self-awareness, emotional control, and healthy communication in situations involving peer pressure.

Differentiation Tips:

- Read prompts aloud and model one response for students who need examples.
- Allow drawing or short phrases instead of full sentences for students with writing difficulties.

Engagement Ideas:

- Conduct a short class talk where students share one positive strategy they use to handle pressure.
- Let students decorate their completed reflections as "confidence cards" to keep as reminders.

Extension Activities:

- Invite students to role-play one of their written responses in a friendly, low-stress way.
- Have students write a "Positive Peer Pledge" using ideas from their reflections.