

Name _____

Healing Hearts

Directions: Read the passage below. Use the word bank to fill in each blank with the correct word. Each word will be used once.



grief	sadness
support	comfort
memory	

When someone we care about is gone, we often feel deep (1) _____ . This feeling can make us quiet or tearful, and that is okay. Talking to friends or family can bring (2) _____ , reminding us that we are not alone. Sharing a favorite (3) _____ of the person or pet we lost can help us smile again. Sometimes, people need time to heal from (4) _____ , but kindness and (5) _____ from others make the process a little easier.