

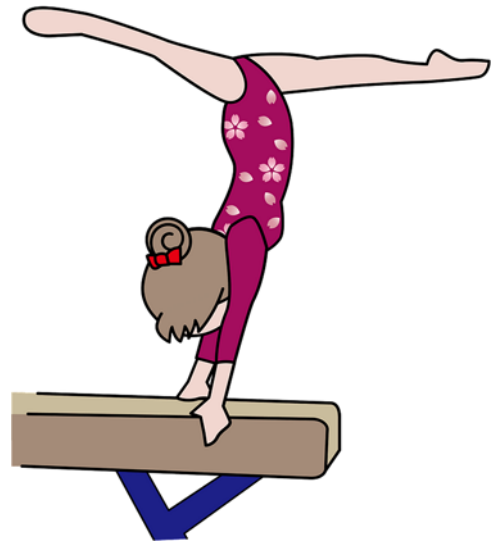
Name \_\_\_\_\_

## The Balance Beam of Words

Your mission: **Spot the comments that help people stay balanced (Kind Comments)** and **the ones that make them feel unsure or hurt (Wobbly Words)**.

**Part 1: Balance Check!** - Read each sentence below and decide whether it's a **Kind Comment (KC)** or a **Wobbly Word (WW)**. Write **KC** or **WW** next to each one.

1. \_\_\_\_ "You did a great job on your project!"
2. \_\_\_\_ "Why do you always wear the same shoes?"
3. \_\_\_\_ "I really like your idea-can we use it in our group?"
4. \_\_\_\_ "Ugh, that picture you drew looks weird."
5. \_\_\_\_ "Thanks for helping me carry my books."
6. \_\_\_\_ "You're so slow at everything."
7. \_\_\_\_ "Your handwriting looks really neat today!"
8. \_\_\_\_ "That's not how I would do it-it looks wrong."



### Part 2: Flip the Word!

Change each wobbly word into a kind comment. Practice rebalancing your words to make others feel supported.

9. **Wobbly Word:** "That outfit is ugly."

**Kind Comment:** \_\_\_\_\_

10. **Wobbly Word:** "You're not good at reading."

**Kind Comment:** \_\_\_\_\_

11. **Wobbly Word:** "You're weird."

**Kind Comment:** \_\_\_\_\_