


Name _____

Case of the Hidden Emotions

Instructions: Each case below shows a situation and three possible feelings. **Circle** or **write** the one that fits best. Then, **explain why** you think that feeling makes sense in the situation.







 **Case File #1: Situation:** Jordan's friends planned a game night, and no one told him. He found out when he saw pictures online the next day.

Possible Feelings:  Angry  Sad  Nervous

Best Fit:


Why?

 **Case File #2: Situation:** Sam was working hard on a project, and a classmate said, "That's dumb. You're doing it wrong."

Possible Feelings:  Frustrated  Embarrassed  Proud

Best Fit:

Why?

 **Case File #3: Situation:** Leila's best friend hasn't been texting her back for days, even though she's seen her posting online.

Possible Feelings:  Angry  Worried  Confused

Best Fit:

Why?
