Name			

## **Choose Your Ending**

**Instructions:** Each short story below puts *you* in the middle of a conflict. After reading the scenario, answer the following:

- 1. What's the conflict?
- 2. How are you feeling?
- 3. What would be a positive way to handle it?

(Be specific. Think about words you would say, tone of voice, or actions you could take.)

Story 1: The Silent Treatment - You and your best friend haven't talked all day. You think they're mad at you, but you're not sure why. When you asked if something was wrong, they just shrugged and walked away.

What's the conflict? How are you feeling?

What would you do or say to help resolve it?

Story 2: *The Group Project Grumble -* You're doing a group assignment, but one person hasn't done any of their part. The deadline is tomorrow, and the rest of the group is frustrated. You're tempted to call them out in front of everyone.

What's the conflict? How are you feeling?

What would you do or say to help resolve it?

Story 3: Left Out at Lunch - Your friends planned to sit together at lunch, but when you walked over, they were already full at their table. No one saved you a spot. You sat alone and didn't say anything, but inside you were hurt.

What's the conflict? How are you feeling?

What would you do or say to help resolve it?

