

Name \_\_\_\_\_

## My Courage, Like Mafatu's



**Directions:** Mafatu's story is about finding courage when fear feels overwhelming. Think about your own life. Everyone has moments when they face something difficult, scary, or uncertain, and choose to act with bravery.

Write a journal entry about a time you showed courage like Mafatu. Use the prompts below to help organize your thoughts. Write at least **two solid paragraphs**.

- **Describe the situation.** What challenge or fear did you face?
- **Explain your feelings.** How did you feel before, during, and after?
- **Show your courage.** What choice or action did you make that was brave?
- **Reflect.** How did this moment change you, and how is it like Mafatu's journey?

A large rectangular area with a green border, containing 15 horizontal lines for writing a journal entry.