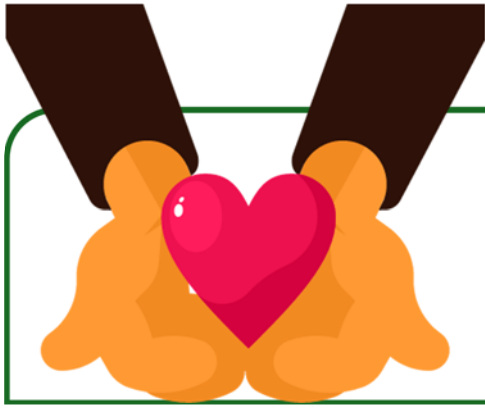


Name _____



Empathy Reflections

Directions: Read each sentence carefully. Fill in the blank with your own words to show how you can understand and care about others' feelings. Be thoughtful and write complete ideas.

1. When someone is sad, I can _____ to show empathy.
2. If a classmate looks nervous before a big test, I can _____ to help them feel calmer.
3. When my friend is excited about something, I can _____ to share in their joy.
4. If someone makes a mistake in front of others, I can _____ instead of laughing.
5. When I notice someone sitting alone at lunch, I can _____ to make them feel included.
6. If a teammate misses an important shot, I can _____ to encourage them.
7. When someone is angry, I can _____ to listen and understand their side.
8. If my sibling feels left out at home, I can _____ to include them in what I'm doing.
9. When I hear someone say something mean to another person, I can _____ to stand up for kindness.
10. If a classmate is struggling with schoolwork, I can _____ to support them.