

Name _____

Body Language & Communication Style Matching

Directions: Below are **Descriptions of People (A–F)** that show different facial expressions, postures, and behaviors. Then you'll find a list of **Communication Styles (1–6)**.



Match each person to the **communication style** that best fits based on their **body language alone**. Write the **number** of the communication style next to the matching letter.

Descriptions of People

Communication Styles

____ A. Jamal stands straight with relaxed shoulders. He makes eye contact, speaks in a calm tone, and gestures with open hands. He seems focused but not intense.

1. Assertive – Confident, respectful, open.

____ B. Marcy keeps her arms crossed, eyebrows furrowed, and is standing very close to someone while speaking loudly. She points a finger while talking.

2. Aggressive – Forceful, intense, dominant.

____ C. Leo looks down at the floor and keeps his hands in his pockets. His voice is quiet and he rarely meets anyone's eyes.

3. Passive – Withdrawn, uncertain, avoids eye contact.

____ D. Tanya is standing with her arms at her sides, nodding slightly while speaking. She pauses to listen and her voice is clear and steady.

4. Passive – Timid, avoids conflict, closed posture.

____ E. Sam is leaning forward, scowling. His jaw is clenched, and he interrupts frequently, speaking over others. His arms are stiff and tense.

5. Aggressive – Controlling, angry body language, poor listening.

____ F. Lina shrugs when asked a question, looks away, and fiddles with her sleeves. Her voice trails off, and she steps back when others speak to her.

6. Assertive – Calm, listens actively, clear but respectful.