

Communication Style Quiz: What's Your Style?

Instructions: Read each situation carefully. For each one, choose the letter (A, B, or C) that describes how **you** are most likely to respond. Be honest, there are no right or wrong answers!

Quiz Questions

1. **You're in a group project, and someone else is taking all the credit. You...**
 - A) Say nothing—it's awkward to speak up.
 - B) Call them out in front of everyone.
 - C) Speak privately and express that you feel overlooked.
2. **You order food and it comes out completely wrong. You...**
 - A) Just eat it. You don't want to cause a scene.
 - B) Demand to see the manager and complain loudly.
 - C) Politely let the server know there's a mistake and ask for the correct order.
3. **Your friend cancels plans last-minute for the second time. You...**
 - A) Say it's okay, even though you're annoyed.
 - B) Text them: "Don't bother making plans if you're just going to flake."
 - C) Let them know you were disappointed and ask if everything is okay.
4. **Someone cuts in front of you in line. You...**
 - A) Stay quiet and let it go.
 - B) Snap, "Excuse me! Are you blind?"
 - C) Calmly say, "I was next in line."
5. **In a team meeting, you have a great idea but you're nervous to share it. You...**
 - A) Stay quiet—what if it's a bad idea?
 - B) Blurt it out, interrupting someone else to get your point across.
 - C) Wait for the right moment and share your idea clearly.
6. **Your sibling keeps borrowing your things without asking. You...**
 - A) Let it slide—it's not worth the fight.
 - B) Yell, "Stop touching my stuff!"
 - C) Talk to them about your boundaries and ask them to respect your space.
7. **A friend says something that hurts your feelings. You...**
 - A) Keep it to yourself and pretend it didn't bother you.
 - B) Tell them off immediately and storm away.
 - C) Let them know how it made you feel and talk about it.

