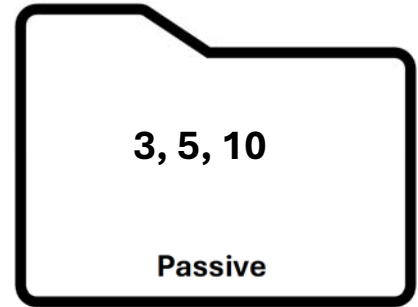
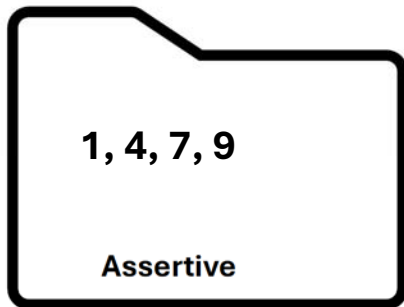


Name _____

Inbox Sorter: What Kind of Message Is This? Answer Key



Message #	Style	Explanation
1	Assertive	Expresses feelings clearly and respectfully
2	Aggressive	Insults and blames
3	Passive	Minimizes true feelings to avoid conflict
4	Assertive	Sets boundaries calmly
5	Passive	Withdrawn, sarcastic, gives up control
6	Aggressive	Threatening, disrespectful tone
7	Assertive	Balances self-expression with cooperation
8	Aggressive	Blaming, intense emotional outburst
9	Assertive	Shares a preference but remains flexible
10	Passive	Gives up needs to avoid inconvenience, doesn't express what they really want